



# CORRGAZETTE

## NEW CENTER OPENING THIS MONTH:

*Guelph location to open November 4<sup>th</sup>, 2015!*



The Correactology® community is rapidly growing and to help serve you better a new Correactology® center is now open in Guelph! Correactology Health Care Practitioner, Jenny Davidson CHCP®, is opening the new center on **November 4, 2015**. She is very excited at the new experiences and possibilities that this center will bring.

Congratulations Jenny!

The center is located at:  
Guelph Medical Place,  
83 Dawson Road, Suite 209.

This location will have the following hours:  
Wednesday 1pm-7pm  
Thursday 10am-7pm  
Friday 8am-1pm

Call 519-763-2345 to schedule your appointment today.

## OUR CENTERS

**SUDBURY**  
(MAIN CENTER)

705-525-7721

**BARRIE**

705-725-9000

**GUELPH**

**\*\*NOW OPEN\*\***

519-763-2345

**MILTON**

905-864-9611

**OAKVILLE**

289-837-0606

**ROUYN-NORANDA,**  
**QC**

819-762-6161

**SAULT STE. MARIE**

**705-949-2855**

**STURGEON FALLS**

705-223-2222

**TIMMINS**

705-360-1116

**VAL CARON**

705-897-1811

Correactology® Health Care is a non-invasive health care method of re-directing the body's corrective sequence to stimulate its natural ability to auto-correct. It is unique and natural alternative health care practice based on the understanding of the correlation between physical pain and malfunction. If you have any questions, come in to a Correactology® center near you!

### Upcoming Events

- NOVEMBER 1-7 – NATIONAL DOWN SYNDROME AWARENESS WEEK
- NOVEMBER 1-7 – NATIONAL CAREGIVER WEEK
- NOVEMBER 11 – REMEMBRANCE DAY
- NOVEMBER 11 – DIWALI – FESTIVAL OF LIGHTS
- NOVEMBER 12 – WORLD PNEUMONIA DAY
- NOVEMBER 14 – WORLD DIABETES DAY

• NOVEMBER 16-22 – NATIONAL ADDICTIONS AWARENESS WEEK

• NOVEMBER 19 – WORLD COPD DAY

• NOVEMBER 20 – NATIONAL CHILD DAY

• NOVEMBER 25 – INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN

NOVEMBER PROMOTES AWARENESS FOR:

C.P.R., Crohn's and Colitis, Diabetes, Lung Cancer, Eczema, Osteoporosis, Stomach Cancer, Prostate Cancer and Men's Health



## We're Moving!

On November 30 The Sault Ste. Marie center will be relocating! The phone number will remain the same (705-949-2855) but as of December the center will be located at 80 Second Line West, Sault Ste. Marie, ON.

## REMEMBRANCE DAY

November 11<sup>th</sup> is a memorial day observed by all of the Commonwealth as well as in many non-Commonwealth countries since the end of the First World War. Hostilities ended the feuding countries at the 11<sup>th</sup> hour of the 11<sup>th</sup> day of the 11<sup>th</sup> month. The poem "In Flanders Fields" has become a staple of remembrance. Poppies grew on the worst of the battlefields and symbolize the blood of the millions spilled in war. Adorn yourselves with a poppy this month and remember the members of the armed forces who have died in the line of duty, as well as those continuing to serve our country.















## NOVEMBER IS MOVEMBER

This month moustaches have taken residence on the faces of many of the men that we care about, including some of your Correactology<sup>®</sup> practitioners. These moustaches are a symbol worn proudly in support of men's health. The Movember Foundation has funded over 1000 programs focusing on prostate cancer, testicular cancer, poor mental health and physical inactivity. In the last twelve years millions of donors and volunteers across the globe have joined the movement raising \$667 million. Through unconventional means this charity is reaching millions and raising awareness for men's health. Watch this month as Mathieu Roy CHCP<sup>®</sup>, and many others grow moustaches for change.

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## NOVEMBER HOROSCOPES

-  SCORPIO (OCTOBER 23-NOVEMBER 21) – Exchanging information, ideas, and opinions plays an important role in your life right now. Try to be receptive and learn as much as you can.
-  SAGITTARIUS (NOVEMBER 22-DECEMBER 21) – You are becoming more in tune with your inner needs and tendencies now which will allow you to spend more time doing what is truly important.
-  CAPRICORN (DECEMBER 22-JANUARY 19) – Stability and permanence satisfy a deep emotional need for you at this time. Have faith, envision what you desire and make it last.
-  AQUARIUS (JANUARY 20-FEBRUARY 18) – Be on the lookout for an influential person who will be of assistance to your success. They are not far, let them help you.
-  PISCES (FEBRUARY 19-MARCH 20) – Taking time off, working quietly, or doing something primarily for the benefit of others without concern for personal gain is favourable at this time.
-  ARIES (MARCH 21-APRIL 19) – Something that was lost or hidden will come to light now. Long-buried feelings may be brought to light.
-  TAURUS (APRIL 20-MAY 20) – Working smarter rather than harder will be very beneficial to you. Be sure to be gracious when you achieve success.
-  GEMINI (MAY 21-JUNE 21) – You are right on the brink of a very exciting venture that could eventually take you to new heights. Don't be afraid to take chances.
-  CANCER (JUNE 22-JULY 22) – This is an excellent time to make decisions about your financial affairs. Your judgement is sound and reliable.
-  LEO (JULY 23-AUGUST 22) – Make sure you take things one step at a time. Don't get too wrapped up in the details that you miss the fun along the way. Slow down and enjoy the process.
-  VIRGO (AUGUST 23-SEPTEMBER 22) – A need for personal freedom and an interest in trying new or different things may take hold. Some may pass, but others may lead to permanent new ventures.
-  LIBRA (SEPTEMBER 23-OCTOBER 22) – This is a time of serious thought and self-analysis regarding the direction of your life. Don't feel selfish to take some time alone to figure out what it is you desire.

### *Patient Testimonial*

*I am 76 and my issue was frequent urination during the night. It really affected my sleep. In 3-4 sessions the nightly average has dropped to once and I am much better rested. My arthritic hip restricted my mobility playing tennis and after 3 sessions 3 weeks apart I am experiencing less pain and more mobility.*

*- Ted McGovern*

\*\*\*Would you like to share your story? See your Patient Services Coordinator to find out how\*\*\*