



# CORRGAZETTE

## CORREACTOLOGY® CENTER OPENING THIS MONTH IN BLIND RIVER!



The Correactology Health Care Group Inc. is pleased to announce the opening of another Correactology® Center to help serve you better! Luciano Ingriselli CHCP® will be offering Correactology® Health Care Services at the Blind River location. This center is eagerly accepting new patients.

**Lakewood Place**  
**1 Industrial Park Road, Suite 109**  
**Blind River, ON**

Please call the Sudbury Office at 705-525-7721 to schedule your appointment.

### Correactology® Health Care

**IMAGINE** if one day a health care practice set out to help the body restore its healing powers.

**IMAGINE** if it was understood that when the human body undergoes a physical, emotional, or toxic shock, its cellular energy flow becomes altered.

**IMAGINE** if a treatment systems was to grow and evolve towards establishing patterns of correction to help correct pain, malfunction or disorders.

**IMAGINE** no longer.

Correactology® Health Care has developed a treatment system that allows its Practitioners to locate pain, malfunction and disorders and help the body to potentially recover via a manual non-invasive technique and stimulus.

**IMAGINE.....**

### Introducing Healthy You!

Watch for the new 'Health You' logo on our advertising campaigns!



### CORREACTOLOGY® CENTER LOCATIONS

**SUDBURY  
(MAIN CENTER)**

705-525-7721

**ROUYN-  
NORANDA, QC**

819-762-6161

**BARRIE**

705-725-9000

**OAKVILLE**

289-837-0606

**GUELPH**

519-763-2345

**SAULT STE. MARIE**

705-949-2855

**NEWMARKET**

905-235-9355

**STURGEON FALLS**

705-223-2222

**MILTON**

905-864-9611

**TIMMINS**

705-360-1116

**VAL CARON**

705-897-1811

\*\*VISIT WWW.CORREACTOLOGY.COM FOR SPECIFIC CENTER LOCATIONS\*\*



## March is National Nutrition Month:

Nutrition is an important part of our daily lives, it keeps us healthy and full of energy. **Unscramble the words below and find the correct words in the word-search below.** All words are associated with Nutrition.

onurtNiti	_____	asreleC	_____
arrhdyCoates	_____	nilaeMrs	_____
netoPris	_____	Wtrae	_____
staF	_____	blegVeesta	_____
msiiVtan	_____	udoiSm	_____
iurdFelo	_____	etMa	_____
darBe	_____	noIr	_____
tetrub	_____	icmClau	_____

## Why Are Your Kidneys So Important?

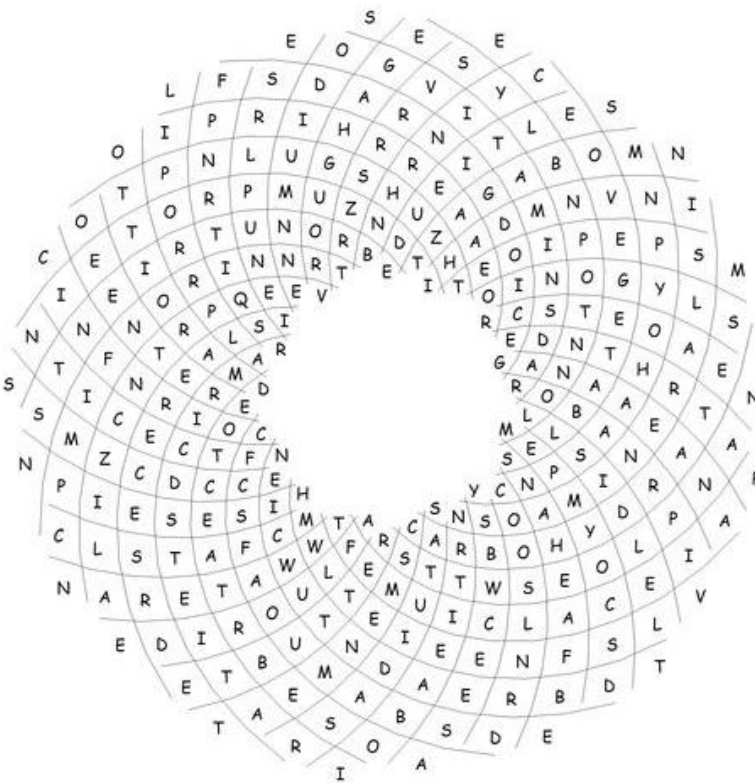
Your kidneys are constantly working to remove waste products from your body, produce valuable hormones, and regulate the amount of water inside of the body. Usually, people have two kidneys that are about the size of a fist. Every minute approximately one liter of blood enters into the kidneys. Kidneys produce the hormone erythropoietin which stimulates the production of red blood cells, as well as renin which helps maintain blood pressure. People can live with one kidney whether they have lost one or decided to donate one to someone in need. Live kidney transplants have a 90-95% success rate. March is Canada's Kidney Month, these two small-bean shaped organs can save your life.

## World Water Day!

Water is all around us. It is within us; it bathes us and hydrates us. It is a home for food that we eat, creates a pool for us to jump in, and can be found in many different forms. The world as we know it would not exist without water. March 22<sup>nd</sup> is World Water Day! Various events will take place around the globe celebrating how water connects us and how important it is in our survival. Although it is essential a lot of water is wasted. For instance simply turning off your faucet when you are brushing your teeth would save up to 100 gallons of water each month.

## Did You Know?

- Saint Patrick was not actually Irish? Instead he was from Wales.
- 5.5 million pints of Guinness beer are consumed around the world every day. On Saint Patrick's Day, 11 million pints are sold.
- More than 700 million marshmallow Peeps are bought during the Easter holiday in the United States.
- 76% of people eat the ears off of a chocolate bunny first.



## Keep an Eye Out for New Faces!

The Canadian Institute of Correactology's third group of students are entering their last year of studies. Time is flying and the new students will soon be starting their preceptorships in various Correactology® Centers. Students will soon be working and shadowing the positions in clinics and the Correactology Health Care Group Inc. is excited to welcome the new students into their new roles accompanied by their final studies.

### **PATIENT TESTIMONIAL**

*I am 67 years old. I have scoliosis very bad and at times the pain was so bad I couldn't get out of bed. In 2008 I started seeing a Correactologist and after 3-4 treatments the pain had lessened about 90%.*

*Also, in 2008 I had the upper lobe of my left lung removed due to lung cancer. I am now on oxygen 24/7*

*with difficulty from shortness of breath, Correactology® really helps with it as well as any part of my body that has issues.*

*Correactology® is definitely one thing I will never give up. It has given me such a better quality of life.*

*- Bonnie Urata*

**\*\*\*Would you like to share your Correactology® story? See your Patient Services Coordinator to find out how\*\*\***