



# CORRGAZETTE

## ARE YOU CONSIDERING BECOMING A CORREACTOLOGY® PRACTITIONER?

The Canadian Institute of Correactology has entered into a partnership agreement with Collège Boréal to administer and deliver the full theoretical and practical courses of the Correactology® Practitioner Program.

Classes are offered both in class and online for the 42 month program. Classes are delivered in English and are held in the evening. The curriculum includes a wide variety of scientific, ethical, business, communication, and clinical components.

If you are interested in becoming a practitioner please feel free to talk to your practitioner today! Applications are currently being accepted for this program that is widely in demand.

For more information on the application process or admission requirements visit <http://continue.collegeboreal.ca/correactology> or you can email [fc@collegeboreal.ca](mailto:fc@collegeboreal.ca) or [information@correactology.com](mailto:information@correactology.com).



## **NEW CORREACTOLOGY® FACES!**

This month the Correactology® Practitioner Students will complete the Correactology® Center Practical Experience component of their program. They will be mentored by the secretaries to learn their important role in the success of a Correactology® Center. The Canadian Institute of Correactology Board of Directors would like to thank the Barrie, Milton, Newmarket, Oakville, Sturgeon Falls and Sudbury Correactology® Practitioners who agreed to participate. We would also like to show our gratitude to the Patient Services Coordinators who kindly agreed to share their experiences, knowledge, and skills with the Correactology® Practitioner Students. Please join us in welcoming these students to our centers and their new learning initiatives!

## **JUNE 14 IS WORLD BLOOD DONOR DAY!**

Countries all over the world will be celebrating World Blood Donation Day! The aims of the World Health Organization is to thank all of the voluntary unpaid donors for their life-saving gifts as well as to raise awareness of the need for regular blood donations. Blood transfusion and products help save millions of lives every year whether it be a form of treatment, to support surgery, a method to enhance the quality of life, or to save those affected by disasters and accidents. You have the ability to save a life; it is in you to give.

### CORREACTOLOGY® CENTER LOCATIONS

**BLIND RIVER**  
705-847-4411  
**SAULT STE. MARIE**  
705-949-2855  
**GUELPH**  
519-763-2345

**BARRIE**  
705-725-9000  
**OAKVILLE**  
289-837-0606

**SUDBURY**  
(MAIN CENTER)  
705-525-7721

**NEWMARKET**  
905-235-9355  
**STURGEON FALLS**  
705-223-2222

**MILTON**  
905-864-9611  
**TIMMINS**  
705-360-1116  
**VAL CARON**  
705-897-1811

\*\*VISIT WWW.CORREACTOLOGY.COM FOR SPECIFIC CENTER LOCATIONS\*\*



## JUNE IS MEN'S HEALTH MONTH

June 19<sup>th</sup> is a day for celebration of all of the fathers and father figures in our lives; however, this June also highlights the importance of men's health. Out of the 15 leading causes of death, men lead women in all of them except for one. Studies have shown that men are more likely to put their health last, visiting practitioners and considering health risks much less than women. Although in many ways across societies the gender gap is closing, men are still more likely to die five years earlier than women on average. This month spread awareness about men's health and encourage those that you know to address their medical symptoms early. Please consider the following:

- One in five men will die from cardiovascular disease and for unknown reasons this occurs earlier in life in men than women.
- One in six men will be diagnosed with prostate cancer in their lifetime.
- Men are far less likely to be treated for mental health issues.
- Men are more likely to die from unintentional accidents or injuries.

## TIPS FOR GROWING YOUR OWN GARDEN

Every year international food industries expand to feed the growing population. As a result of this increase in population, new research is being conducted in ways to speed up plant growth processes as well as in the effects additives may have on the food. Recently there is an increase in the popularity of organic, local, free range, or hormone-free foods. All of this can be achieved by simply growing some of your own vegetables in a personal garden, balcony pots, crop boxes, community garden, or fence trellis.

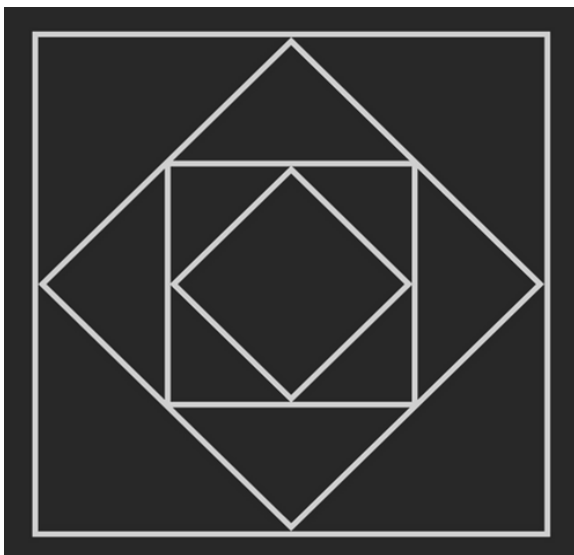
Growing your own garden can have some of the following benefits:

- You will be responsible for fertilizer, any pest control substances, and watering your plants. You will know and have control over what you are putting in your body.
- It ensures that the food you are getting is fresh and locally grown. You will know when your food was picked and how old it is.
- A garden will add colour, smells, and character to your backyard and/or patio.
- It may help to lower your grocery bill.
- It may be the start of a new family hobby. Little ones often love to play in the dirt.

The farmer's almanac says to start growing the majority of your vegetables after the first full moon in June. Don't have a garden? Or your backyard/balcony doesn't get enough sun?

## CAN YOU SOLVE THIS BRAIN TEASER?

Redraw the shape below in the space provided. However you must only use one continuous line without crossing over any line twice.



\*\*\*Would you like to share your Correactology® story? See your Patient Services Coordinator to find out how\*\*\*