



# CORRGAZETTE

## TIMMINS' FIRST ANNUAL SUMMER SOLSTICE HOLISTIC HEALING FAIR!

Correactology® Health Care has been located in Timmins for quite some time now and we are excited to be a part of the first annual *Summer Solstice* Holistic Healing Fair. This fair, as well as others that Correactology® has attended is being put on by *Awakening Energy* and will feature over thirty local businesses and health initiatives. Correactology® encourages community involvement and action and is proud to be a sponsor of this local event.

This fair will be taking place on Sunday, June 4, from 10am-4pm at The Senator Hotel & Conference Centre located at 14 Mountjoy Street South. Admission is free! Come on out and support your local Correactology® Practitioner, Mathieu Roy, CHCP, as well as some of the Correactology® Practitioner students from Sudbury, as they spread the word about Correactology® and all it has to offer.

*For more information on this fair as well as others that may possibly be in your area please visit:*  
[www.holistichealingfair.com/timmins.html](http://www.holistichealingfair.com/timmins.html)



## JUNE 3<sup>RD</sup> IS NATIONAL HEALTH & FITNESS DAY!

June 3<sup>rd</sup> is Canada's day to get up and get moving. It is the national day for health and fitness. With the weather getting warmer there are endless possibilities to get outside and get active. ParticipACTION is a Canadian non-profit organization aiming to encourage Canadians to sit less and move more.

Physical activity is a vital part of everyday life. Getting as much as 25 minutes of physical activity a day reduces the risks of major health issues. Physical activity does not need to be a strenuous activity or a trip to the gym; it can be as simple as a fun trip to the park with your family.

ParticipACTION encourages Canadians to get active using the "150 Play List" – A list of 150 different low cost physical activities. If you keep track of your activities you can be entered to win a prize, improve your cardiovascular health, and be introduced to fun new daily activities.

Get out and get active Thursday, June 3<sup>rd</sup>!

*For more information on this fair please visit their website: <http://www.participation.com>*



### CORREACTOLOGY® CENTER LOCATIONS

**BLIND RIVER**  
705-847-4411  
**SAULT STE. MARIE**  
705-949-2855  
**GUELPH & ST. JACOBS**  
519-763-2345

**BARRIE**  
705-725-9000  
**OAKVILLE**  
289-837-0606

**SUDBURY (MAIN CENTER)**  
705-525-7721

**NEWMARKET**  
905-235-9355  
**STURGEON FALLS**  
705-223-2222

**MILTON**  
905-864-9611

**TIMMINS**  
705-360-1116

**VAL CARON**  
705-897-1811

**\*\*VISIT WWW.CORREACTOLOGY.COM FOR SPECIFIC CENTER LOCATIONS\*\***



## **SUNDAY, JUNE 18 IS FATHER'S DAY!**

Fathers, or father figures, are an integral part of all of our lives and deserve to not only be recognized, but celebrated. Sunday, June 18, is a day to honor fathers, celebrate fatherly influences, and recognize the roles of fathers within our society. Although gifts are shared, Father's Day is often celebrated through quality time or activities. Here are some fun Father's Day activities to consider:

- Go for a bike ride together (whether pedal or motor).
- Go golfing – mini put, driving range, or golf course depending on your skill level.
- Get out on the lake and go fishing, canoeing, kayaking, etc.
- Make his favourite meal together.
- Go to a local park to enjoy the sun and the outdoors.

*The Correactology® Health Care Group Inc. would like to send a special "Happy Father's Day" to all of our Correactology® Practitioners, students, and patients who are fathers.*

"Walk a little slower, Daddy" said a  
little child so small.  
"I'm following in your footsteps and I don't want to fall.

Sometimes your steps are very fast,  
sometimes they're hard to see;  
So walk a little slower Daddy, for you are leading me.

Someday when I'm all grown up,  
you're what I want to be.  
Then I will have a little child  
who'll want to follow me.

And I would want to lead just right, and know that I was true;  
So, walk a little slower, Daddy, for I must follow you."



CRAFTYMORNING.COM

## **WE NEED YOUR HELP!**

Next month Canada is celebrating its 150<sup>th</sup> birthday! Due to this milestone, special events are taking place across the country. Do you have special plans for this Canada Day? If you would like to share your Canada Day stories, thoughts, and/or photos, send them to [news@correactology.com](mailto:news@correactology.com) so we can include them in the next edition of the Corrgazette!

## **PATIENT TESTIMONIAL**

*When I moved to Barrie a year and a half ago I was introduced to Correactology®. I had my doubts that my Diabetes could be in control again and that my pancreas could start working. When Adam first started my treatments, it was a real struggle for both of us. My body was very damaged and extremely resistant to getting better so I started to lose hope, thinking all the effort was going to waste. He never gave up on me and for that I will always be thankful.*

*It was a difficult first few months but after getting over the hump, here I am a year and a half later healthier than I have ever been in my entire life. I haven't had to take a sick day in what feels like a life time. I have more energy, I have lost weight, I feel happier, and best of all I feel I can live a long and happy life. Adam is a very caring and honest man and as long as you are willing to work with him I promise you he will try his absolute hardest to get your health back to where it should be. I will forever be grateful to have Adam on my side and to getting my life back.*

*- K. Ellerton*

\*\*\*Would you like to share your Correactology® story? See your Patient Services Coordinator to find out how\*\*\*